



Westside Calisthenics Competitions

Sub Juniors NW Division 1

Sunday 2nd August, 2026

9:00 a.m.

Adjudicator: *Lenore Cogan*

March Part A

1. Westcoast 2
2. St Marks 2
3. Sovereign 2

1st _____

2nd _____

3rd _____

March Part B

4. Westcoast
5. Sovereign
6. St Marks
7. Lochard

1st _____

2nd _____

3rd _____

HM _____

Clubs Part A

1. Sovereign 3
2. Westcoast 3
3. St Marks 3
4. Sovereign 2
5. Westcoast 2
6. St Marks 2

1st _____

2nd _____

3rd _____

HM _____

HC _____

Clubs Part B

7. Sovereign
8. Lochard
9. Westcoast
10. St Marks

1st _____

2nd _____

3rd _____

HM _____

HC _____

SpM _____

Rods Part A

1. Westcoast 3
2. St Marks 2
3. Sovereign 2
4. Westcoast 2

1st _____

2nd _____

3rd _____

HM _____

Rods Part B

5. Lochard
6. St Marks
7. Sovereign
8. Westcoast

1st _____

2nd _____

3rd _____

HM _____

HC _____

SpM _____

Freearm Part A

1. Sovereign 3
2. Westcoast 2
3. Sovereign 2
4. St Marks 2

1st _____

2nd _____

3rd _____

HM _____

Freearm Part B

5. St Marks
6. Westcoast
7. Lochard
8. Sovereign

1st _____

2nd _____

3rd _____

HM _____

Aesthetics Part A

1. St Marks 2
2. Sovereign 2
3. Westcoast 2

1st _____

2nd _____

3rd _____

Aesthetics Part B

4. Sovereign
5. St Marks
6. Westcoast
7. Lochard

1st _____

2nd _____

3rd _____

HM _____

Song & Dance

1. Sovereign 2
2. St Marks
3. Sovereign
4. Lochard
5. Westcoast

1st _____

2nd _____

3rd _____

HM _____

HC _____

Results after Rods, Aesthetics, Song & Dance

Break after Rods

Please be aware that some items themes, music or images may elicit a strong emotional response. Viewing is at audience discretion.



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Sub Juniors NW Division 1

	March	Clubs	Rods	Free	Aesth	S/Dance	Total
Lochard							
Sovereign							
St Marks							
Westcoast							

Runners
Up _____

Aggregate
Winner _____

Margaret Chapel Award
Presented to winner of Clubs _____

*The Westside Calisthenics Competitions Committee
wish to thank the wonderful volunteers for giving their time
to ensure the continued smooth running of our competitions.*

Proudly sponsored by



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Division 1

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Catholic Regional College
Caroline Springs
10 College Drive
Caroline Springs