



Westside Calisthenics Competitions

Juniors Division 8

Sunday 30th August, 2026

9:00 a.m.

Adjudicator: *Katrina Stifka*

March	Clubs	Rods	Freearm	Aesthetics	Calisthenics Revue
1. Roselind	1. Roselind 2	1. Roselind 2	1. Roselind 2	1. Roselind 2	1. Ashgrove
2. Bentleigh	2. Bentleigh	2. Roselind	2. Ashgrove	2. Pentland	2. Bentleigh
3. Ashgrove	3. Roselind	3. Bentleigh	3. Pentland	3. Ashgrove	3. Roselind
4. Pentland	4. Pentland	4. Ashgrove	4. Roselind	4. Bentleigh	4. Pentland
	5. Ashgrove	5. Pentland	5. Bentleigh	5. Roselind	
1 st _____	1 st _____	1 st _____	1 st _____	1 st _____	1 st _____
2 nd _____	2 nd _____	2 nd _____	2 nd _____	2 nd _____	2 nd _____
3 rd _____	3 rd _____	3 rd _____	3 rd _____	3 rd _____	3 rd _____
HM _____	HM _____	HM _____	HM _____	HM _____	HM _____
	HC _____	HC _____	HC _____	HC _____	

Results will be announced at the end of each section

Break after Rods

Please be aware that some items themes, music or images may elicit a strong emotional response. Viewing is at audience discretion.



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	March	Clubs	Rods	Free	Aesth	CalRev	Total
Ashgrove							
Bentleigh							
Pentland							
Roselind							

Runners
Up _____

Aggregate
Winner _____

Gloria Mason Award
Presented to winner of
Aesthetics _____

*The Westside Calisthenics Competitions Committee
wish to thank the wonderful volunteers for giving their time
to ensure the continued smooth running of our competitions.*

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**Catholic Regional College
Caroline Springs
10 College Drive
Caroline Springs**