



Westside Calisthenics Competitions

Intermediates Division 4

Sunday 20th September, 2026
9:00 a.m.
Adjudicator: *Taneka Ruschmeyer*

March	Clubs Part A	Rods	Freearm	Rh Aesthetics	Dance Arrangement
1. Diamond Creek	1. Aurora 2	1. Diamond Creek 2	1. J'Adore 2	1. J'Adore 2	1. Sterling
2. J'Adore	2. Diamond Creek 2	2. J'Adore 2	2. Diamond Creek 2	2. Aurora	2. Aurora
3. Aurora	3. J'Adore 2	3. Janelle	3. Aurora	3. Sterling	3. Janelle
4. Sterling	1 st _____	4. Sterling	4. J'Adore	4. Diamond Creek	4. J'Adore
5. Janelle	2 nd _____	5. Aurora	5. Sterling	5. Janelle	5. Diamond Creek
	3 rd _____	6. J'Adore	6. Diamond Creek	6. J'Adore	
		7. Diamond Creek	7. Janelle		
	Clubs Part B				
1 st _____	4. Sterling				
2 nd _____	5. Janelle	1 st _____	1 st _____	1 st _____	1 st _____
3 rd _____	6. Diamond Creek	2 nd _____	2 nd _____	2 nd _____	2 nd _____
HM _____	7. J'Adore	3 rd _____	3 rd _____	3 rd _____	3 rd _____
HC _____	8. Aurora	HM _____	HM _____	HM _____	HM _____
	1 st _____	HC _____	HC _____	HC _____	HC _____
	2 nd _____				
	3 rd _____				
	HM _____				
	HC _____				

Results after Rods, Rh Aesthetics, Dance Arrangement

Break after Rods

Please be aware that some items themes, music or images may elicit a strong emotional response. Viewing is at audience discretion.



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	March	Clubs	Rods	Free	RhAesth	D/Arr	Total
Aurora							
Diamond Creek							
J'Adore							
Janelle							
Sterling							

Runners
Up _____

Aggregate
Winner _____



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2026

9:00 a.m.

Catholic Regional College
Caroline Springs
10 College Drive
Caroline Springs

*The Westside Calisthenics Competitions Committee
wish to thank the wonderful volunteers for giving their time
to ensure the continued smooth running of our competitions.*

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