



Westside Calisthenics Competitions

Masters Division 3

Sunday 20th September, 2026

1:30 p.m.

Adjudicator: *Sharon Bates*

March	Clubs Part A	Rods	Freearm	Aesthetics	Calisthenics Revue
1. Sterling	1. Sterling 3	1. Narre Warren 2	1. Sterling 2	1. Narre Warren 2	1. Glenroy
2. Glenroy	2. Narre Warren 2	2. Sterling 2	2. Narre Warren 2	2. Sterling 2	2. Diamond Creek
3. Narre Warren	3. Sterling 2	3. Diamond Creek	3. Sovereign	3. Narre Warren	3. Sovereign
4. Eltham	1 st _____	4. Sterling	4. Eltham	4. Diamond Creek	4. Narre Warren
5. Sovereign	2 nd _____	5. Sovereign	5. Narre Warren	5. Glenroy	5. Eltham
6. Diamond Creek	3 rd _____	6. Eltham	6. Diamond Creek	6. Sterling	6. Sterling
	Clubs Part B	7. Glenroy	7. Sterling	7. Sovereign	
		8. Narre Warren	8. Glenroy	8. Eltham	
1 st _____	4. Eltham	1 st _____	1 st _____	1 st _____	1 st _____
2 nd _____	5. Sterling	2 nd _____	2 nd _____	2 nd _____	2 nd _____
3 rd _____	6. Narre Warren	3 rd _____	3 rd _____	3 rd _____	3 rd _____
HM _____	7. Diamond Creek	HM _____	HM _____	HM _____	HM _____
HC _____	8. Glenroy	HC _____	HC _____	HC _____	HC _____
	9. Sovereign				
	1 st _____				
	2 nd _____				
	3 rd _____				
	HM _____				
	HC _____				

Results after Rods, Rh Aesthetics, Dance Arrangement

Break after Rods

Please be aware that some items themes, music or images may elicit a strong emotional response. viewing is at audience discretion.



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	March	Clubs	Rods	Free	Aesth	Cal Rev	Total
Diamond Creek Gems							
Eltham							
Glenroy Sapphires							
Narre Warren							
Sovereign							
Sterling Rubies							

Runners
Up _____

Aggregate
Winner _____

*The Westside Calisthenics Competitions Committee
wish to thank the wonderful volunteers for giving their time
to ensure the continued smooth running of our competitions.*



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Catholic Regional College
Caroline Springs
10 College Drive
Caroline Springs

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