



Westside Calisthenics Competitions

Sub Juniors NW Premier

Saturday 19th September, 2026

10:00 a.m.

Adjudicator: *Lynette Cousins*

March Part A

1. Geelong 3
2. Eltham 3
3. Laurimar 2
4. Janelle 2
5. Newport 2
6. Eltham 2
7. Geelong 2

1st _____

2nd _____

3rd _____

HM _____

HC _____

March Part B

8. Laurimar
9. Eltham
10. Geelong
11. Janelle
12. Newport

1st _____

2nd _____

3rd _____

HM _____

HC _____

Clubs Part A

1. Geelong 4
2. Eltham 3
3. Newport 3
4. Janelle 3
5. Geelong 3
6. Eltham 2
7. Janelle 2
8. Geelong 2
9. Laurimar 2
10. Newport 2

1st _____

2nd _____

3rd _____

HM _____

HC _____

Clubs Part B

11. Eltham
12. Janelle
13. Laurimar
14. Newport
15. Geelong

1st _____

2nd _____

3rd _____

HM _____

HC _____

Rods Part A

1. Geelong 4
2. Janelle 3
3. Geelong 3
4. Eltham 3
5. Laurimar 2
6. Newport 2
7. Geelong 2
8. Janelle 2
9. Eltham 2

1st _____

2nd _____

3rd _____

HM _____

HC _____

Rods Part B

10. Geelong
11. Laurimar
12. Newport
13. Janelle
14. Eltham

1st _____

2nd _____

3rd _____

HM _____

HC _____

Freearm Part A

1. Geelong 4
2. Eltham 3
3. Janelle 3
4. Geelong 3
5. Newport 2
6. Laurimar 2
7. Eltham 2
8. Geelong 2
9. Janelle 2

1st _____

2nd _____

3rd _____

HM _____

HC _____

Freearm Part B

10. Newport
11. Geelong
12. Laurimar
13. Eltham
14. Janelle

1st _____

2nd _____

3rd _____

HM _____

HC _____

Aesthetics Part A

1. Eltham 3
2. Geelong 3
3. Eltham 2
4. Newport 2
5. Janelle 2
6. Geelong 2
7. Laurimar 2

1st _____

2nd _____

3rd _____

HM _____

HC _____

Aesthetics Part B

8. Janelle
9. Newport
10. Eltham
11. Geelong
12. Laurimar

1st _____

2nd _____

3rd _____

HM _____

HC _____

Song & Dance

1. Janelle 2
2. Geelong 2
3. Newport
4. Janelle
5. Geelong
6. Laurimar
7. Eltham

1st _____

2nd _____

3rd _____

HM _____

HC _____

Results after Rods,
Aesthetics, Song & Dance

Break after Rods

Please be aware that some items themes, music or images may elicit a strong emotional response. Viewing is at audience discretion.



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	March	Clubs	Rods	Free	Aesth	S/Dance	Total
Eltham							
Geelong							
Janelle							
Laurimar							
Newport							

Runners
Up _____

Aggregate
Winner _____

Margaret Chapel Award
Presented to winner of Rods _____

*The Westside Calisthenics Competitions Committee
wish to thank the wonderful volunteers for giving their time
to ensure the continued smooth running of our competitions.*

Proudly sponsored by



Sub Juniors NW
Premier

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2026

10:00 a.m.

Catholic Regional College
Caroline Springs
10 College Drive
Caroline Springs